

# **CURRICULUM VITAE**

**Andrew Nimal Christopher**

**Name** Andrew Nimal CHRISTOPHER

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**Date of Birth** 2<sup>nd</sup> December 1963

**Nationality** Malaysian  
Permanent Resident in United Kingdom

**Education** 1969-71 St. Pauls Primary School, Malaysia.  
1972-75 St. Andrews School, Singapore.  
1975-77 The Junior School, Cheltenham  
1977-82 Cheltenham College, Cheltenham

**Medical School** 1982-87 St. Bartholomew's Hospital, University of London

**Registration** General Medical Council (Full) 3259553

#### **Medical Qualifications**

1987 MBBS (Lond.)  
1988 ECFMG (429-555-6)  
1989 Primary FRCS (England, Glasgow)  
1993 Final FRCS (Glasgow)  
1995 M. Phil. (Cambridge)  
2001 FRCS (Urol) Glasgow  
2002 CCST in Urology

**Prizes** 1977-82 Scholarship in Maths and English (Cheltenham)  
1981 Mathematics Prize (Cheltenham)  
1982 Mathematics and Chemistry Prizes (Cheltenham)  
1983 Foster Prize in Practical Anatomy (Barts)  
1984 Histology Prize (Barts)  
1987 Shortlisted for the Medicine, Surgery, Paediatric,  
Ophthalmology and Surgical Pathology Prizes (Barts)

#### **Membership of Societies**

British Association of Urological Surgeons (Section of Andrology)  
British Society for Sexual Medicine  
European Society of Sexual Medicine  
Medical Defence Union 219442E

## **Current Appointment**

**Consultant Urologist (Full-time)** Jan 2008 to present day  
University College London Hospital, London  
I am now concentrating on pure Andrology at UCLH..

## **Private Practice**

St Peter's Andrology Centre,  
The London Clinic  
145 Harley St  
London W1G  
Tel +44 (0)20 7486 3840

## **Previous Appointments**

**Consultant Urologist (Full-time)** Dec 2003 – Dec 2007  
University College London Hospital, London (5 sessions)  
Kingston Hospital, Kingston (6 sessions)  
Since being formally appointed on 22<sup>nd</sup> Dec 2003 my duties have been split evenly between the two trusts. At Kingston I cover general urology whereas at the Middlesex I am a super-specialist in Andrology.

**Locum Consultant Urologist (Full-time)** Nov 2002 – Dec 2003  
The Middlesex Hospital, London (4 sessions)  
Kingston Hospital, Kingston (7 sessions)  
As of November my post has been split between these two sites. The current post is with a view to a substantive appointment at both hospitals once regional funding has been arranged

**Locum Consultant Urologist (Full-time)** Nov 2001 – Nov 2002  
The Middlesex Hospital, London  
This is the premier tertiary referral centre for difficult and complex urological problems for the whole of the UK. I am based in the Andrology unit with a 1:5 on call commitment for general urology. There are 3 andrologists, David Ralph, Suks Minhas & myself and we work with a further 10 Consultant Urologists with different speciality interests. My speciality interests are penile cancer, penile reconstruction and phalloplasty, male factor infertility and other associated andrological conditions. I am also responsible for the teaching of Andrology to urology specialist registrars, students attending for the Diploma in Urology & MSc in Urology courses as well as general urology for medical students

## **Specialist Registrar in Urology – South Thames (West) Training Scheme Accredited Oct 2001**

**Year 6 (final)** Oct 2001 – Nov 2001  
St. Peter's Hospital, Chertsey  
Mr N Harvey-Hills, Mr RS Cole

**Year 5** Oct 2000 – Sep 2001  
Kingston Hospital, London  
Mr JA Dick, Mr RO Morley

**Year 4**

Institute of Urology, London

Mr DJ Ralph

Apr 2000 - Sep 2000

Mr PJR Shah

Oct 1999 – Mar 2000

**Year 3**

Epsom General Hospital, Epsom

Mr MJ Bailey, Mr CR Charig

Oct 1998 – Sep 1999

**Year 2**

St George's Hospital, London

Mr RS Kirby, Mr MJ Bailey, Miss EM Gordon

Mr J Boyd, Mr KM Anson, Mr J Rajasekaran

Oct 1997 – Sep 1998

**Year 1**

Royal Surrey County Hospital, Guildford

Mr FAW Schweitzer, Mr JH Davies, Mr RG Notley

Nov 1996 – Sep 1997

**Research Registrar in Urology**

Mr PT Doyle, Mr KN Bullock, Mr A Doble

Addenbrooke's Hospital, Cambridge

Feb 1994 – Mar 1996

This was essentially a full time research post but I also made time to keep in touch with clinical urology by performing outpatients, theatre lists and some on-call commitments. All my laboratory work was undertaken in the Department of Pharmacology in the University of Cambridge under supervision by Dr D.R. Ferguson, Lecturer. This involved experiments on both animal and human bladder tissue. I also helped in the running of clinical trials at the hospital.

**Locum SHO, Registrar and Senior Registrar in General Surgery and Urology**

Addenbrooke's Hospital, Cambridge

Sep 1993 - Jan 1994

**Peri-fellowship General Surgical SHO rotation (6 posts over 3 years)**

Addenbrooke's Hospital, Cambridge and Papworth Hospital, Papworth

**(6) Senior SHO Urology**

Mr PT Doyle, Mr KN Bullock, Mr A Doble

Feb 1993 - Aug 1993

**(5) SHO Minimally Invasive, General and Vascular Surgery**

Mr DC Dunn, Mr PJ Friend, Mr CR Quick

Aug 1992 - Jan 1993

**(4) SHO Orthopaedic Surgery**

Mr MH Matthewson, Mr DJ Dandy

Feb 1992 - Jul 1992

**(3) SHO Cardiothoracic Surgery**

Sir Terence English, Mr J Wallwork, Mr FC Wells, Mr SR Large

Aug 1991 - Jan 1992

**(2) SHO General and Hepatobiliary Surgery**

Feb 1991 - Jul 1991

Sir Roy Calne, Mr NV Jamieson, Mr P Johnston

- (1) **SHO Breast, Endocrine and Vascular Surgery** Sep 1990 - Jan 1991  
Mr WAB Smellie, Mr DC Dunn

**Transplant and General Surgical SHO rotation (2 posts over 13 months)**

- (2) **SHO Colorectal Surgery** Mar 1990 - Aug 1990  
Mr RJE Foley  
Bedford Hospital, Bedford

- (1) **SHO Liver and Renal Transplant Surgery** Aug 1989 - Feb 1990  
Sir Roy Calne, Dr DB Evans  
Addenbrooke's Hospital, Cambridge

**SHO Accident & Emergency** Feb 1989 - Jul 1989  
Mr SS Tachakra  
Central Middlesex Hospital, London

**SHO Urology and Renal Transplantation** Aug 1988 - Jan 1989  
Mr G Williams  
Hammersmith Hospital, London

**House Surgeon** Feb 1988 - Jul 1988  
Mr AA Brown, Mr AD Heath, Mr AJ Ball  
Rochford Hospital, Essex

**House Physician** Aug 1987 - Jan 1988  
Dr AA Gossage, Mr A Hicklin, Dr RJ Bailey  
Crawley Hospital, Sussex

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**Publications and theses**

1. M Phil Thesis 'Neurotransmitters in the Urinary Bladder' 1995 Cambridge

This comprised a general review of lower urinary neuropharmacology. Particular emphasis was placed on the possible role of the peptide somatostatin and gamma-aminobutyric acid (GABA) in the bladder. I did show that somatostatin did cause a modest inhibition of rabbit detrusor muscle contraction. This effect was shown to be nerve-mediated. Further experiments to try to show whether it affected acetylcholine or GABA release from bladder nerves were inconclusive.

2. M Chir Thesis 'Somatostatin in the rabbit urinary bladder' 2001

This is a conversion degree from the M Phil and has been submitted to Cambridge awaiting a viva date. Further experiments concentrated on somatostatin and its mechanism of action in the rabbit urinary bladder. The specific receptor subtype was shown to be type II and appeared to inhibit both cholinergic and purinergic nerve mediated contractions. Further detailed experiments on the neural conduction were unsuccessful.

3. Ferguson, D. & **Christopher, N.** 1996. Urinary bladder function and drug development. Trends Pharmacol.Sci., 17(4): 161-165.

4. Letter of reply for 'Urinary bladder function and drug development' regarding a query on serotonin receptor antagonists in the bladder, Ferguson DR and **Christopher AN** in Trends in Pharmacological Sciences (1996)
5. Lee, G., **Christopher, N.**, & Shah, P. J. 2000. An unusual case of duplex ureteropyelocystoplasty. Scand.J.Urol.Nephrol., 34(6): 380.
6. Case Report: An unique treatment for an unusual fistula, Lee G, **Christopher AN**, Kellett, MJ and Shah PJR. British Journal of Urology
7. Chapter 9: The evidence base for the surgical intervention in detrusor instability, **Christopher AN** and Shah PJR., in 'The Effective Management of Detrusor Instability' edited by Cardozo L, Chapple C and Miles A. UK Key Advances in Clinical Practice Series 2001. Aesculapius Medical Press
8. Day 2 Day Andrology by Shah J, **Christopher AN**, edited by Ralph DJ, courtesy of Abbot Laboratories
9. **Christopher, N.**, Arya, M., Brown, R. S., Payne, H. A., Woodhouse, C. R., & Ralph, D. J. 2002. Penile preservation in squamous cell carcinoma of the bulbomembranous urethra. BJU.Int., 89(4): 464-465.
10. Shah, J. & **Christopher, N.** 2002. Can shoe size predict penile length? BJU.Int., 90(6): 586-587.
11. Patel, H. R., Garcia-Montes, F., **Christopher, N.**, Reeves, B. C., & Emberton, M. 2003. Diagnostic accuracy of flow rate testing in urology. BJU.Int., 92(1): 58-63.

### **Audit projects**

1. Ambulatory management of acute retention, Kingston 2001
2. Outpatient management of acute renal colic, Kingston 2001

### **Presentations**

1. 'Preliminary results of somatostatin and GABA in rabbit urinary bladder', **Christopher AN**, Foster SLF, Ferguson DR and Doyle PT. Urological Research Society, Jan 1995.
2. 'Somatostatin in the urinary bladder', **Christopher AN**, Ferguson DR and Doyle PT. East Anglian Urology Meeting, May 1995.
3. 'The duration of Instillagel™ application prior to flexible cystoscopy', S Sharma, R Persad, **AN Christopher**, A Haq, KN Bullock, PT Doyle and A Doble. BAUS Poster, June 1996.

- 4 'Urological cases for GP's', presentation to local GP's, Royal Surrey County Hospital, Guildford, **Christopher AN**, May 1997
- 5 Medical Grand Round lecture on LUTS & BPH, St George's Hospital, London, Anson KMA & **Christopher AN**, 1998
- 6 Round table debate to GP's on 'What is the best treatment for erectile dysfunction?', Epsom, Charig CRC, Dunsmuir W, **Christopher AN**, Bailey MJ, Dec 1998
- 7 Presentation of interesting clinical cases to joint AUA-EAU-BAUS group at the Institute of Urology, April 2000, **Christopher AN** & Shah PJRS
- 8 Lecture on "Advances in Phalloplasty technique", GendSys Conference, Aug 2000, Manchester, **Christopher AN**
- 9 Poster accepted for EAU 2001. Penile preserving surgery for T1 penile cancer, **Christopher AN** and Ralph DJ.
- 10 Podium presentation for BAUS 2001. Pubovaginal sling: 2Year follow up, Andrews H, **Christopher AN** and Morley RO
- 11 What's new in phalloplasty 2003. Gendsys 2003 University of East Anglia, Norwich

### **Meetings attended**

1. BAUS annual conference
2. East Anglian Urology Meeting, biannually 1993 - 1996
3. Meeting of East Anglian Trainees in Urology, Cambridge, three times a year 1994 - 1996
4. Urological Research Society, Guys Hospital
5. British Prostate Group, Leicester, Dec 1995
6. Geoffrey Chisholm Day - The Prostate, Jun 1996, Edinburgh
7. AUA annual conference May 1999, Dallas
8. Masterclass in Female Urology 1999, Royal College of Surgeons, London
9. GendSys Conference 2000, Manchester
10. Early Prostate Cancer, Fife, Nov 2001 – AstraZeneca
11. EAU annual conference Feb 2002, Birmingham

12. International consultation on Erectile Dysfunction, Paris 2003

13. GendSys Conference, Norwich 2003

### **Urology Interests**

I am interested in all aspects of Andrology with my main thrust towards penile reconstruction and phalloplasty techniques. We are a regional centre for penile cancer and a tertiary referral centre for all things andrological. I design and implement practical urological databases and currently have 3 running in my hospitals with 2 personal databases as well.

### **Other Interests**

I am proficient with the three common software platforms, Windows, MacOS and Linux. I am frequently asked to correct system and application software problems in other people's computers. I have a particular interest in database applications. I both play and compose music for the piano. I enjoy ballroom and latin dancing as well as the new LeRoc style.