

Men X. Peyronie's disease

- It was first described in medical literature in 1743, by the French surgeon Francois de la Peyronie (**de La Peyronie F. Sur quelques obstacles qui S'opposent à l'éjaculation naturelle de la semence. Mem Acad Royale Chir 1743;1:337-342. In: Larsen SM, Levine LA. Review of non-surgical treatment options for Peyronie's Disease. Int J Impot Res 2012;24(1):1-10).**
- Erectile dysfunction (ED) is when you are unable to get or keep an erection suitable for sexual intercourse or another chosen sexual activity. (**Lue T et al. Summary of the recommendations on sexual dysfunctions in men. Journal of Sexual Medicine 2004;1(1):6-23.**)
- Peyronie's disease may also cause relationship problems. (**Terrier JE, Nelson CJ. Psychological aspects of Peyronie's disease. Transl Androl Urol 2016;5(3):290-5.**)
- Why Peyronie's disease occurs is not fully understood, but it may result from injury to the penis combined with abnormal wound healing. (**Ostrowski KA, Gannon JR, Walsh TJ. A review of the epidemiology and treatment of Peyronie's disease. Research and Reports in Urology 2016;8:61-70.**)
- Up to 20% of men with Peyronie's disease also have a similar condition affecting the hand (Dupuytren's contraction), and up to 9% have a family member with Dupuytren's contraction. (**Nugteren HM, Nijman JM, de Jong IJ, van Driel MF. The association between Peyronie's and Dupuytren's disease. Int J Impot Res. 2011;23(4):142-145**)
- Men with diabetes, high blood pressure, abnormal lipid (e.g. cholesterol) levels, and low testosterone levels, are at increased risk of developing Peyronie's disease. (**European Society for Sexual Medicine. The ESSM Manual of Sexual Medicine. 2nd updated edition 2015. Medix Publishers, Amsterdam.**)
- They will ask you about your condition. They may want to know how long you have had it, if anyone else in your family has had a similar problem, if you have ever injured your penis, and how it affects your sex life. They will probably need to examine your penis. You may need blood tests to check your glucose, lipid and/or testosterone levels. You may also be referred to a hospital specialist for more tests. (**European Society for Sexual Medicine. The ESSM Manual of Sexual Medicine. 2nd updated edition 2015. Medix Publishers, Amsterdam.**)
- The aims of treatment are to improve penile deformity, sexual function and quality of life. (**Ostrowski KA, Gannon JR, Walsh TJ. A review of the**

epidemiology and treatment of Peyronie's disease. Research and Reports in Urology 2016;8:61-70.)

- Treatment should address the way the disease affects your body (physically) and your mind (psychologically). ***(Ostrowski KA, Gannon JR, Walsh TJ. A review of the epidemiology and treatment of Peyronie's disease. Research and Reports in Urology 2016;8:61-70.)***
- Peyronie's disease may improve by itself in a small number of men. ***(European Society for Sexual Medicine. The ESSM Manual of Sexual Medicine. 2nd updated edition 2015. Medix Publishers, Amsterdam.)***
- Xiapex® is a combination of two enzymes which help dissolve the fibrous plaque. Between 3-8 injections are given ***(Swedish Orphan Biovitran Ltd. Xiapex Summary of Product Characteristics. 05/2016.)***